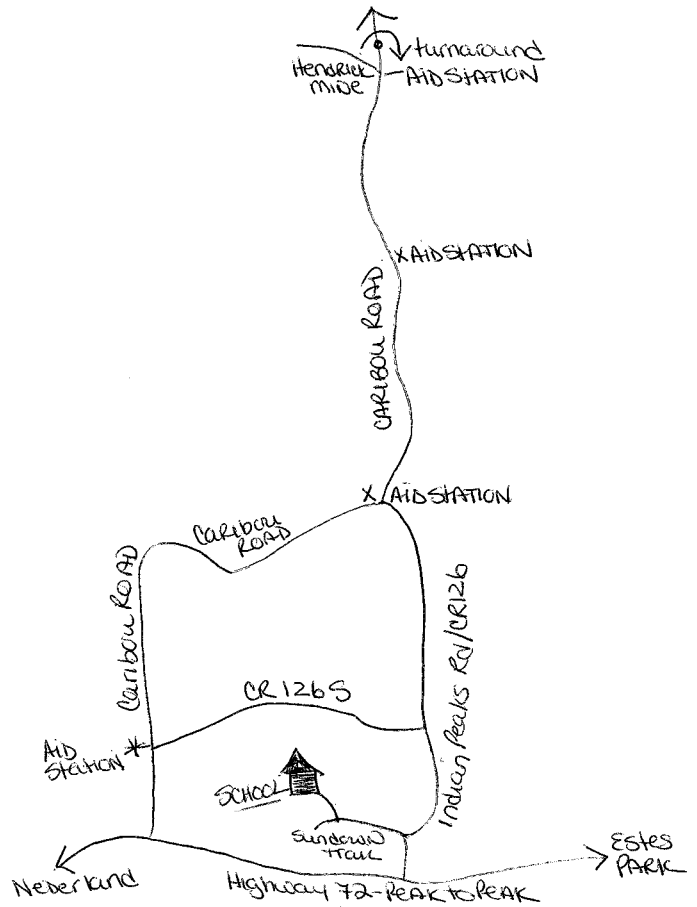




The Course:

Both the 5 Mile and 10 Mile courses begin in front of the Nederland Elementary School. After a 200 meter stretch of paved roads, runners turn left onto Indian Peaks Drive, which soon becomes a dirt road. All racers will take a left onto Colorado 126 South following it until the road T's. The first aid station is at this intersection. Runners then make a right onto Caribou Road. The course continues to be rolling, making an elevation gains, until the road splits at approximately 3.7 miles. There is an aid station at this juncture. Competitors in the 5 Mile race will take a right-hand turn to complete the 5-mile loop, circling back on dirt roads to finish at the school. Runners on the 10-mile course will continue up Caribou Road, passing another aid station, on an out-and-back to Hendrick's Mine where runners will crest the course's maximum elevation of approximately 10,000 ft. The 10 Mile course then reverses and follows the 5 Mile loop back to the finish at the school.



Directions to Race Start:

From Boulder: Canyon Boulevard West through Boulder Canyon to Nederland. At traffic circle bear right onto Peak to Peak Highway (CO-72). Make left onto Indian Peaks & follow signs and pavement to Nederland Elementary School.

